

# THE ARTS CASTLE Dance Academy

2019-2020



190 West Winter St. | Delaware, OH 43015  
(740)369-2787 | [dance@artscastle.org](mailto:dance@artscastle.org)  
[www.artscastle.org](http://www.artscastle.org) | [f](#) [i](#) [t](#)

## DANCE AT THE ARTS CASTLE

### WHY CHOOSE THE ARTS CASTLE?

With so many excellent choices for dance education in Delaware, why should you choose The Arts Castle?

**AFFORDABLE.** We strive to make all of our classes affordable for all families. Scholarships, discounts for multiple classes, and alternative payment schedules are available. There are no registration fees.

**NO SURPRISE FEES.** Aside from class fees, only one low fee covers costume, recital, props, etc. Students are never faced with "surprise" fees. Every student receives complimentary annual recital tickets for family and friends, and extra tickets are less than \$5 per person. Several free performances are held annually.

**FAMILY-FRIENDLY.** We are family-friendly and appropriate for all audiences. Costumes, song lyrics, and dance routines are carefully vetted so that everyone can enjoy the dancing.

**SUPPORTIVE.** We are non-competitive and supportive in nature. We love to dance, and we strive for excellence as individuals and ensembles while having a lot of fun!

### ABOUT THE DANCE PROGRAM

The Arts Castle Dance Academy offers professional instruction in a fun, non-competitive environment. We believe everyone should have an opportunity to dance. Our Dance Academy is unique in offering many avenues for students to learn and enjoy dancing, while working with a busy schedule and budget.

Dance Academy seeks to awaken the joy of dance in our students with a combination of quality technique and personal expression. We feel that this objective is best met within a supportive, family-friendly environment, open to dancers of all age and abilities, and cultivated by a nurturing, professional team of instructors. Ballet, tap, jazz, hip hop, tumbling and combo classes are offered annually.

In addition, The Arts Castle Youth Dance companies provide additional performance opportunities for dedicated dancers. For younger dancers, The Arts Castle has Pre-Academy classes offered quarterly. Come join us and enjoy the art of dance!

### ABOUT THE ARTS CASTLE

The Arts Castle is dedicated to nurturing the creative energies of residents of Delaware County and surrounding areas by offering full access to a variety of multi-arts experiences such as classes, workshops, performances, exhibitions, and special events.

The Arts Castle was founded with a grassroots effort by the community and for the community. We are recognized as one of Ohio's premier community teaching centers for the arts. Join us by taking a class, visiting an exhibit, or participating in one of our special events.

## DANCE ACADEMY 2019-2020 CALENDAR

August 10 10am-1pm .....	Dance Academy Open House
August 26 .....	Dance Academy Classes Begin
August 26 - 31 .....	Welcome Week
September 2 .....	Labor Day – No Classes
September 9-14 .....	Bring a Friend to Class Week
October 7- 12 .....	Current Students Try Any Class Week
November 7 & 8 .....	Castle Arts Affair - No Classes
November 18-23 .....	Parent Watch Week
November 26 – 30 .....	Thanksgiving Break – No Classes
December 2 - 6 .....	Parent Watch Week
December 5 .....	Winter Performance Dress Rehearsal
December 6 .....	Winter Performance
December 9-13 .....	Bring a Friend to Class Week
December 16-January 5 .....	Winter Break
January 6 .....	Classes Resume
March 5 .....	Dance Academy Company Concert Rehearsal
March 6 .....	Dance Academy Company Concert
March 23 - 28 .....	Parent Watch Week
March 30 - April 3 .....	Spring Break
April 25 .....	Picture Day
May 2 .....	Last Day of Classes
May 4 - 8 .....	Make Up Week
May 8 .....	Dress Rehearsal
May 9 .....	Dance Recital



190 W. Winter Street | Delaware, OH 43015  
[www.artscastle.org](http://www.artscastle.org) | [f](#) [i](#) [t](#)

Sponsors:



## ABOUT THE DANCE ACADEMY TEACHERS



### CHELSEA MILES - Dance Coordinator (Miss Chelsea)

Chelsea began her dance training at the age of 3 years old at Dublin Dance Center. Throughout her years as a student, Chelsea trained in ballet, pointe, tap, jazz, hip-hop, lyrical and modern. She graduated from the Pre Professional Training Program at BalletMet. During her time at BalletMet she performed with YouthMet and in The Nutcracker. Chelsea has attended summer intensives at BalletMet, Dayton Contemporary Dance Company and Ballet Magnificat. In 2006 she was accepted into Ad Deum Dance Company in Houston, Texas and danced with them for a season. During her time there she performed throughout Texas and in New York. After her season with Ad Deum Dance Company, Chelsea was accepted into the Ailey/Fordham BFA Dance Program at the Prestigious Alvin Ailey Dance Company. In addition to Chelsea's dance career, she has taught at studios and in public as well as private schools in Ohio and Texas for fifteen years. She was the director of a professional dance company for three years and the owner/director of a dance school for almost ten years. Chelsea recently performed and choreographed with Xclaim Dance Company. In addition to teaching, she loves attending dance master classes and conferences to expand her knowledge of dancing. Chelsea loves sharing her passion for dance with her students while encouraging them as they learn and grow in their art form!



### ANAJAYE' DIGGS (Miss AJ)

AnaJaye' has been dancing for over 15 years. She learned roller skating and movement at a young age. In her teens she began actively volunteering in her community and school. She was very active in musical theater, vocal ensemble and dance in High School. While obtaining her Bachelor of Arts from Otterbein University; she began teaching hip hop, dance and fitness around the Columbus area. She is skilled in Zumba, Hip Hop and Line Dance, East Coast Swing and Lindy Hop. She has been working with children for over 8 consecutive years. Currently she teaches fitness and dance at various locations in Ohio. She is driven and a passionate teacher who loves working with children of all ages.



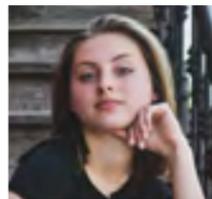
### CARRIE BLUST (Miss Carrie)

Carrie has been dancing for 18 years. She grew up in Sidney, Ohio and is currently residing in Delaware, Ohio. Carrie graduated from Bluffton University with a Bachelors in Education and currently is an Intervention Specialist. Carrie has been trained in ballet, tap, jazz, pointe, lyrical, acro, modern, and musical theater. Carrie began dancing at Sharon's School of Dance and later became a member of the Sidney Dance Company. Carrie is excited to be a part of the Arts Castle team and for the opportunity to share her love for dance with others.



### MEGHAN PATIJAREVICH (Miss Meghan)

Meghan has been teaching dance at The Arts Castle for over 9 years. Being in the studio is one of her favorite places to be and she brings her love and passion for dance to each class she teaches. She loves seeing all of her students grow and develop into confident dancers and people. Meghan is a graduate of The Ohio State University where she received a Masters of Arts in Education with an emphasis in Dance Education. She has also received her Bachelor of Arts and K-12 teaching license in Dance from the University of Akron. Meghan has more than 20 years of dance teaching experience in different local studios and public school districts in Ohio, including Delaware, Lima, Akron and Columbus. She has taught ballet, modern, jazz, tap, hip hop, cultural & social dance and creative movement to ages 2 through adult. Meghan lives with her husband and daughter just outside of Columbus and loves to cook, read and practice yoga.



### LAUREN COX (Miss Lauren)

Lauren has exclusively studied classical ballet for fifteen years. She has performed in several productions, including The Nutcracker, Aladdin, Mary Poppins, The Little Mermaid, and Peter Pan. She loves all forms of dance and hopes to try new styles in the future. She teaches ballet to young students from her home, and is so excited to start teaching at the Delaware Arts Castle. She loves all things art and will be attending Columbus College of Art and Design in the fall.



### JESSIKA WICKENHEISER (Miss Jessika)

Jessika is a dance instructor and choreographer who has taught in Lewis Center, Westerville and Sunbury area. At a young age Jessika had a passion for dance and began formal dance instruction at age 4. She enrolled at Dance Rhythms Studio where she studied ballet, tap, jazz, gymnastics, lyrical and hip hop. As her dancing progressed she earned spots on the studio's competition teams dancing in jazz, tap and lyrical competitions. Jessika was also an award winning competition soloist in lyrical and contemporary dance. Jessika's love of the performing arts expanded when she began studying voice. She performed for four years as a member of her award winning high school choir and performed in multiple church and community musical productions. She also danced and sang as a member of the award winning WHS Ensemble. Jessika has also instructed adults and children as a certified Zumba and dance fitness instructor and lead classes throughout central Ohio for the last five years. Jessika currently resides in Galena Ohio with her husband and two sons. Jessika is excited to share her passion of dance and the arts, and to inspire a new generation of young dancers.



# Dance Academy

Each of the following classes are 32 weeks in length, roughly following the school year. Most students participate in the annual spring dance recital, though it is not mandatory.

## BALLET & POINTE



**SKY BLUE BALLET** Lauren Cox  
This beginner level class teaches the building blocks of ballet through barre and center floor. Students learn positions and placement in both English and French terminology.  
Prerequisite: 1 year of experience  
**Ages:** 4 to 6  
8/29/2019-4/30/2020 Thursday, 4:30PM-5:15PM | 45 min.

**TURQUOISE BALLET** Jessika Wickenheiser  
Students will continue to build technique and start basic sequencing and intermediate terminology.  
Prerequisite: 2+ years of experience  
**Ages:** 7 to 10  
8/26/2019-4/27/2020 Monday, 6:10PM-6:55PM | 45 min.

**ROYAL BLUE BALLET** Jessika Wickenheiser  
Students who have mastered the basic ballet skill set will continue learning sequencing and intermediate ballet steps. More complex combinations will be emphasized.  
Prerequisite: 3+ years of experience  
**Ages:** 10 to 13  
8/27/2019-4/28/2020 Tuesday, 4:00PM-5:00PM | 60 min.

**ROYAL BLUE BALLET/INDIGO BALLET** Lauren Cox  
Students who have mastered the basic ballet skill set will continue learning sequencing and intermediate ballet steps. More complex combinations will be emphasized.  
Prerequisite: 3+ years of experience  
**Ages:** 10 to 13  
8/29/2019-4/30/2020 Thursday, 6:00PM-7:15PM | 75 min.

**INDIGO BALLET/POINTE** Lauren Cox  
This advanced level class is geared toward increasing students' skills and movement vocabulary in ballet. Intricate sequencing and refinement of technique and style is explored.  
Prerequisite: Advanced  
**Ages:** 14 to 18  
8/26/2019-4/27/2020 Monday, 7:35PM-9:05PM | 90 min.

**PRE-POINTE/POINTE TECHNIQUE** Lauren Cox  
This advanced level class is geared toward increasing students' skills and movement vocabulary in ballet. Intricate sequencing and refinement of technique and style is explored.  
Prerequisite: Advanced  
**Ages:** 14 to 18  
8/29/2019-4/30/2020 Thursday, 3:45PM-4:30PM | 45 min.

## TAP



**SKY BLUE TAP** Carrie Blust  
This beginner level class focuses on knowledge of tap through graded barre and center floor work.  
No prerequisite  
**Ages:** 7 to 10  
8/28/2019-4/29/2019 Wednesday, 6:10PM-6:40PM | 30 min.

**TURQUOISE TAP** Jessika Wickenheiser  
This is a beginner level class which continues to build on expanding knowledge of tap through graded barre and center floor work and an introduction to advanced techniques such as time steps, wings and pull backs.  
No prerequisite  
**Ages:** 7 to 10  
8/26/2019-4/27/2020 Monday, 7:00PM-7:30PM | 30 min.

**ROYAL BLUE/INDIGO TAP** Jessika Wickenheiser  
This intermediate level class continues to build on knowledge of tap through graded barre and center floor work and an introduction to advanced techniques such as time steps, wings and pull backs.  
Prerequisite: 1 year of experience  
**Ages:** 10 to 18  
8/26/2019-4/27/2020 Monday, 3:45PM-4:30PM | 45 min.

## JAZZ



**TURQUOISE JAZZ** Jessika Wickenheiser  
This is a beginner level jazz class which will teach the basics of Jazz style, stretching, across the floor and the building blocks of technique.  
No prerequisite  
**Ages:** 7 to 10  
8/26/2019-4/27/2020 Monday, 4:30PM-5:15PM | 45 min.

**ROYAL BLUE/INDIGO JAZZ** Meghan Patijarevich  
This is intermediate level class continues to build on expanding knowledge of Jazz styles, flexibility and techniques. Building on the foundations to introduce advanced concepts of turning and leaping.  
Prerequisite: 2+ years of experience  
**Ages:** 10 to 18  
8/27/2019-4/28/2020 Tuesday, 6:10PM-7:10PM | 45 min.

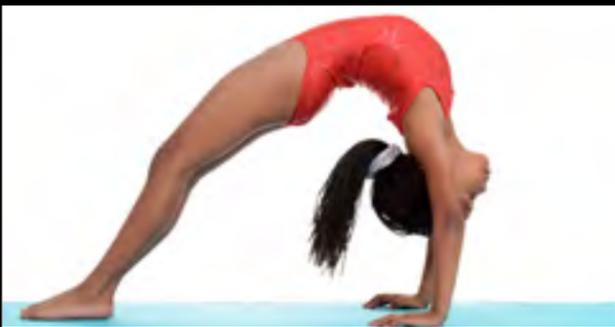
## HIP HOP



**SKY BLUE HIP HOP** Anajaye' Diggs  
This high-energy dance class is focused on gross motor development, muscle development and spatial awareness. Dancers will work on basic hip hop dance steps to new/popular age appropriate music.  
No prerequisite  
**Ages:** 4 to 6  
8/28/2019-4/29/2019 Wednesday, 6:40PM-7:25PM | 45 min.

**TURQUOISE HIP HOP** Anajaye' Diggs  
This is a high-energy dance class. Focus will be on coordination, stamina, rhythm, strength, athleticism, and continued development of the hip hop style.  
Prerequisite: 1 year of experience  
**Ages:** 7 to 10  
8/28/2019-4/29/2019 Wednesday, 7:30PM-8:15PM | 45 min.

## TUMBLING



**SKY BLUE/TURQUOISE TUMBLING** Carrie Blust  
Students will be introduced to tumbling skills while honing strength, flexibility and balance.  
No prerequisite  
**Ages:** 4 to 10  
8/28/2019-4/29/2019 Wednesday, 5:35PM-6:05PM | 45 min.

## LYRICAL



**LYRICAL** Carrie Blust  
This class builds on the foundation of ballet, jazz and acro technique with an emphasis on coordination and basic steps.  
Prerequisite: 1 year of experience  
**Ages:** 8 to 18  
8/28/2019-4/29/2019 Wednesday, 4:45PM-5:30PM | 45 min.

## COMBO CLASSES

**SKY BLUE JAZZ/TAP** Carrie Blust  
This class builds on the foundation of jazz and tap technique with an emphasis on coordination, basic steps and terminology.  
No prerequisite  
**Ages:** 4 to 6  
8/29/2019-4/30/2020 Thursday, 5:15PM-6:00PM | 45 min.

## DANCE ACADEMY

**JUNIOR COMPANY** Jessika Wickenheiser  
Dancers will explore choreography and build ensemble dance skills through the study and performance of a variety of dance styles. In order to participate in The Arts Castle Junior Dance Company, students will need a teacher recommendation or one year dance academy experience or equivalent. Students will also need to take a 45-60 minute technique class in addition to their company class. It is strongly suggested that students attend the summer junior intensive.  
Prerequisite: 1 year of experience  
**Ages:** 6 to 10  
8/26/2019-4/27/2020 Monday, 5:20PM-6:05PM | 45 min.

**INTERMEDIATE COMPANY** Carrie Blust  
Dancers will explore intermediate level choreography and continue to build ensemble dance skills through the study and performance of a variety of dance styles. In order to participate in The Arts Castle Intermediate Dance Company, students will need a teacher recommendation or three years dance academy experience or equivalent. Students will also need to take a ballet or open technique class in addition to their company class. It is strongly suggested that students attend the summer intermediate/senior dance intensive.  
Prerequisite: 2+ years of experience  
**Ages:** 8 to 13  
8/27/2019-4/28/2020 Tuesday, 5:05PM-6:05PM | 45 min.

**SENIOR COMPANY** Meghan Patijarevich  
Dancers will explore advanced choreography and movement concepts through the study and performance of a variety of dance styles. In order to participate in The Arts Castle Senior Dance Company, students will need a teacher recommendation or five years dance academy experience or equivalent. Students will also need to take a ballet or open technique class in addition to their company class. It is strongly suggested that students attend the summer intermediate/advanced intensive.  
Prerequisite: 2+ years of experience  
**Ages:** 13 to 18  
8/27/2019-4/28/2020 Tuesday, 8:05PM-9:05PM | 45 min.

## OPEN TECHNIQUE

**OPEN TECHNIQUE** Meghan Patijarevich  
This class is for students ages 8 and older who want to improve their dance technique. In this class students will work on improving flexibility, strength, turns and jumps through a variety of exercises and methods. This class should be taken in addition to a students ballet, jazz or tumbling class and it highly recommended for company dancers.  
Prerequisite: 2+ year of experience  
**Ages:** 8 to 18  
8/27/2019-4/28/2020 Tuesday, 7:15PM-8:00PM | 45 min.

## PRIVATE LESSONS

Private dance lessons are available in 30-min. sessions on a 4-session pass, as room availability and teacher availability permits. Sessions may be taken consecutively. Times and dates are agreed upon between the instructor and the student. Private lesson students are not eligible to perform in the Annual Recital or other performance unless a recital fee has been paid and at least 24 sessions have been completed in the prior nine months.

**PRIVATE BALLET** (\$80 for four 30-minute lessons) **Ages: 5+**  
Miss AJ, Miss Carrie, Miss Jessika, Miss Lauren & Miss Meghan

**PRIVATE LYRICAL** (\$80 for four 30-minute lessons) **Ages: 5+**  
Miss AJ, Miss Carrie, Miss Jessika, Miss Lauren & Miss Meghan

**PRIVATE JAZZ** (\$80 for four 30-minute lessons) **Ages: 5+**  
Miss AJ, Miss Carrie, Miss Jessika, Miss Lauren & Miss Meghan

**PRIVATE TAP** (\$80 for four 30-minute lessons) **Ages: 7+**  
Miss AJ, Miss Carrie, Miss Jessika, Miss Lauren & Miss Meghan

**PRIVATE HIP HOP** (\$80 for four 30-minute lessons) **Ages: 7+**  
Miss AJ & Miss Meghan

## ACDA CLASS SCHEDULE

### MONDAY

3:45 - 4:30 Royal Blue/Indigo Tap • ages: 10 to 18  
4:30 - 5:15 Turquoise Jazz • ages: 7 to 10  
5:20 - 6:05 Junior Company • ages: 6 to 10  
6:10 - 6:55 Turquoise Ballet • ages: 7 to 10  
7:00 - 7:30 Turquoise Tap • ages: 7 to 10  
7:35 - 9:05 Indigo Ballet/Pointe I • ages: 14 to 18

### TUESDAY

4:00 - 5:00 Royal Blue Ballet • ages: 10 to 13  
5:05 - 6:05 Intermediate Company • ages: 8 to 13  
6:10 - 7:10 Royal Blue/Indigo Jazz • ages: 10 to 18  
7:15 - 8:00 Open Technique • ages: 8 to 18  
8:05 - 9:05 Senior Company • ages: 13 to 18

### WEDNESDAY

4:45 - 5:30 Lyrical • ages: 8 to 18  
5:35 - 6:05 Sky Blue/Turquoise Tumbling • ages: 4 to 10  
6:10 - 6:40 Sky Blue Tap • ages: 7 to 10  
6:40 - 7:25 Sky Blue Hip Hop • ages: 4 to 6  
7:30 - 8:15 Turquoise Hip Hop • ages: 7 to 10

### THURSDAY

3:45 - 4:30 Pre-Pointe/Pointe Technique • ages: 14 to 18  
4:30 - 5:15 Sky Blue Ballet • ages: 4 to 6  
5:15 - 6:00 Sky Blue Jazz/Tap • ages: 4 to 6  
6:00 - 7:15 Royal Blue Ballet/Indigo Ballet • ages: 10 to 13